# THE OUTDOOR GROUP LTD CIC



THE OUTDOOR GROUP LTD CIC COMPANY NUMBER 10533810 9 OULTON WAY CARPENDERS PARK WD19 5EJ TEL: 0794 100 7940 <a href="mailto:info@theoutdoorgroup.org">info@theoutdoorgroup.org</a> www.theoutdoorgroup.org

# **History of the Outdoor Group**

The Outdoor Group started in a Church in 2012 to provide camping holidays for people and families that were struggling financially / wanting community holidays.

We supply all the tents and do all the cooking in our dedicated cook tent.

People need to bring with them their sleeping bags and clothes etc.

In December 2016 we became a not-for-profit business so we could serve the wider community.

We organise 3 community camps a year.

We have organised camps for Church Youth Groups; Charities like Mind and The New Hope Trust; School family camps.

The Outdoor Group can organise and tailor a camp to your requirements.

Camping in a group is a great education for children:they learn to work together as a team, it puts them in touch with nature, away from the digital world, creates challenges that have to be overcome and a great way to experience new activities and learn new skills. Camping builds self-confidence and esteem.

We can tailor a camp to your specific needs to fit in with your educational needs.

### Camps

We can run 2 type of camps:3 days, 2 night weekend / midweek camp
5 days, 4 nights week camp
Other lengths can be tailored to you needs.

Location is Spring Meadow Farm, Berkhampstead, just off the A41 Chesham turn off.

### **Facilities**

Toilets are modern eco toilets no flush, very clean:

1 lady's

I gent's

1 urinal

2 hand basins

1 hot shower with plenty of hot water

The farm is set in 30 acres of woodland and meadow.

It has a large barn type building that is heated and can be used for lessons or for quiet time but not for sleeping in.

There is another building that is sometimes used as a cafe with tables and chairs and can be used as an emergency dining room.

There is also an outside stage - a great place for students to practice dance routines or Shakespeare!

There is a dedicated fire pit.

We also bring fire boxes which we put up by the barn on the grass terrace which is the main communal area - the fire is kept going each evening and if necessary in the day.

### Camp Kitchen

Our camp kitchen can cook for up to 50 people including vegetarian and vegan.

We do a set menu: For example: Breakfast is Full English Or cereal or porridge Toast / jam

Lunch is buffet picnic lunch:
Bread
Cheese / ham
Salad
Fruit

Dinner is 2 courses:
A main
And dessert
We pride ourselves that our campers are fed good,
wholesome food

Tea / coffee is available all day.

# 3 day camp

For example (days can be adjusted to weekdays)

Friday: arrive before or after lunch depending on weekday or weekend camp;

Introductions and safety briefing
Tent allocation and tent assembly (tents can be pre
erected if need be)
Demo on pitching tents

Students pitch tents and settle in Collection of firewood and exploring site

18:00 dinner

19:00 washing up everyone lends a hand - a rota is a good idea.

Free time around the fire

And discussions

22:00 lights out (depending on age)

Saturday morning

08:00 breakfast

09:00 washing up

10:00 activities or lessons

12:00 lunch

14:00 afternoon activities

18:00 dinner

19:00 washing up

Events around the fire

22:00 light out

Sunday 08:00 breakfast 09:00 washing up 10:00 events 12:00 lunch 13:00 washing up Pack up tents and return equipment Clean site 14:00 leave

### 5 day camp

Monday

10:00arrive

Safety briefing and facilities etc

Tent allocation and tent assembly if tents are not pre erected.

12:30 lunch

Finish tent assemble if not complete

Washing up

14:00 -16:00 activities

18:00 dinner

Washing up

After dinner activities around the fire.

#### Tuesday - Thursday

08:00 breakfast

09:00 Washing up

10:00 activities

12:00 hrs lunch

14:00 -1600 hrs activities

18:00 dinner

Washing up

Evening activities around the fire

Friday

Breakfast

10:00 activities and packing up

12:00 lunch

Washing up and finish packing

14:00 leave

### **Activities**

Respect for woodland and environment

Putting up tents

Demonstration on fire lighting - using a bow drill etc How to light a fire using flint and steel and keep it going to boil water for a drink

Shelter building - work in teams- use what items are around on site - can be added to over the days

Games - how to move water from A to B using set equipment and make temporary shelter

Move an injured person

Light a fire and make an omelette lunch over open fire

Prepare a play or music extravaganza for final day

Gather wood for fire

Hike off site along Canal - take packed lunch using maps and compasses - including Berkhampstead Castle ruins (please note this is a whole day - 10:00 - 15:00 / 16:00)

Cook a bigger meal over open fire in pairs - keep a fire burning and hot enough to cook.

School can think about discussion subjects around the fire - who will you save / what would you do if.... Activities can be tailored to your educational needs to tie in with school studies

### What we provide

All tents

Sleeping mats (thin yoga style or children can bring their own)

Food supplied unless very special diet

Marshmallows for toasting over the fire in the evenings

We have £5 million in public liability insurance

At least 1 member of the Outdoor Group Staff is First Aid trained

Risk assessments will be made available for the school to review

A pre site visit can be arranged for staff to look and assess the site if required

Children just need clothes and a decent sleeping bag 3 season

# Cost per day

This costing is per student per day. We will supply 2 members of the Outdoor Group, DBS checked.

Tents for students - 2 students per tent

Individual tents for staff

Food for staff and pupils including vegan and vegetarian - for those who have special diets or food allergies we will work with the school /parents to provide a solution.

Use of tents and sleeping mats and of other equipment as required.

If extra Outdoor Group staff are required it is chargeable at £250 per day per extra staff member

### Cost of group of 15 students

= £65 per day per student inc. food 3 days will be £195 per student inc. food 5 days £325 per student inc. food

# cost of group of 30 students

£53 per student per day inc. food 3 days = £159 per student inc. food 5 days = £265 per student inc. food

Other size groups and lengths of stay can be catered for **Price On Application:** 

The above does not include transport cost -that is school's responsibility. Only minibuses can be used due to location



The main communal area with barn in background



The fireboxes



The stage in the woods



The barn and café building



The tents students use

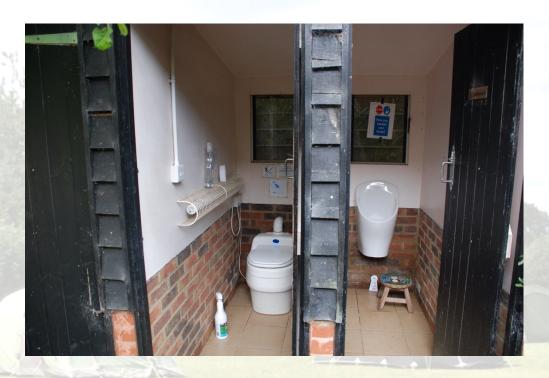


Tents camped in the woods





The Outdoor Group Kitchen



Men's toilet



The shower



Examples of dinners we cook

